UNIVERSIDADE FEEVALE

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THE PLATEAU PHASE WHEN ACQUIRING VOCABULARY AT THE B1
INTERMEDIATE LEVEL: ANALYSIS OF TWO TEACHING MATERIALS

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Trabalho de conclusão de curso apresentado como requisito final para a obtenção do grau de mestre no Mestrado Profissional em Letras pela Universidade Feevale.

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ABSTRACT

Learning new vocabulary for B1 Intermediate students often appears to be more complex to

learn when compared to basic levels. There are differentiated factors that can influence the

learning of vocabulary at intermediate level, and it is also in this period of learning that many

students face the plateau phase, which is characterized by the stagnation of learning. This work

presents theoretical discussions about the acquisition of vocabulary at the intermediate level

and on the plateau phase, and presents the analysis of two course books corresponding to B1

level, American English File 3 and Interchange 3. The analyzed materials interrelate with

theoretical analyzes, evidencing possible strategies to aid in the learning of new vocabulary

during the plateau phase, faced by some students of this level.

Keywords: vocabulary acquisition, plateau phase, B1 intermediate level, course book.

RESUMO

A aprendizagem de novos vocabulários para alunos do nível Intermediário B1, muitas vezes,

aparenta ser mais complexo de aprender se comparado a níveis básicos. Há fatores

diferenciados que podem influenciar na aprendizagem de vocabulário quando se trata de níveis

intermediários, e também é nesse período da aprendizagem que muitos alunos entram na fase

plateau, a qual se caracteriza pela estagnação da aprendizagem. Este trabalho apresenta

discussões teóricas acerca da aquisição de vocabulário em nível intermediário e sobre a fase

plateau, e apresenta as análises de dois materiais didáticos correspondentes ao B1, o American

English File 3 e o Interchange 3. Os materiais analisados se inter-relacionam com as análises

teóricas, evidenciando estratégias possíveis para auxiliar na aprendizagem de novos

vocabulários durante a fase plateau, enfrentada por alguns alunos desse nível.

Palavras-chave: aquisição de vocabulário, fase plateau, nível intermediário B1, livro didático.

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1 INTRODUCTION

This master's degree research aims to clarify and understand more deeply what I have observed during my learning process and seemed to interfere in my communication in that period: the plateau stage when learning new words in English, considering it as a foreign language¹, especially in intermediate levels. I could also observe it happens to most of my students² along my professional life, especially in the intermediate levels. As a teacher, I am also constantly learning, so I know that it is possible to learn, even when we are in a more advanced stage.

In this work, the aim is to understand how plateau is configured and, mainly, how to overcome this phase regarding to the expansion of the lexicon in English as foreign language. Vocabulary is highlighted here because it is extremely important in successful communication, regardless of having several alternatives to express what a person wants to say, in different ways, as Saville-Troike confirms by affirming that "[...] vocabulary (or lexicon) is the most important level of foreign language knowledge for all learners to develop – whether they are aiming primarily for academic or interpersonal competence [...]" (SAVILLE-TROIKE, 2006, p.138).

To address the phenomenon of the stagnation in the plateau phase focused on vocabulary acquisition, authors such as Jack Richards and Vivian Cook were studied in order to understand the processes of acquisition of vocabulary, the concepts of the plateau phase, especially in what concerns the acquisition of new vocabulary from the intermediate level, and what can collaborate to face this moment during the learning of the English language as a foreign language. As well the books *American English File* $3-2^{\rm nd}$ Edition and *Interchange* $3-5^{\rm th}$ Edition, both used to learn English as a foreign language, which also work with vocabulary acquisition and development, characterized by the communicative approach, were analyzed.

According to Richards (2017), the Common European Framework of Reference for languages describes six levels of communicative ability in terms of competences, which are A1, A2, B1, B2, C1 and C2. This work focuses on the intermediate level corresponding to B1³. Christina Latham-Koenig and Clive Oxenden clarify this matter saying that

¹ In this work, I refer to the English language as a foreign language, but in the references cited throughout the work I maintain the nomenclatures used by the authors, such as second language (L2).

² In this work, I consider adult students of paid free courses, who in addition to studying the English language also work and study other areas of knowledge, not devoting themselves fully to language learning.

³ Whenever referring at intermediate level, it will correspond to level B1 of the European Common Frame of References in languages.

The intermediate level is often a milestone for students: at this point, many students really begin to 'take off' in terms of their ability to communicate. Some students, however, may see the intermediate level as a 'plateau' and fell that they are no longer making the progress they were before. Students at this level need fresh challenges to help them to realize how much they know and what to make their passive knowledge active, together with a steady of new language (LATHAM-KOENIG; OXENDEN, 2014, p. 8).

Latham-Koenig and Oxenden (2017, p. 8) explain that intermediate students need to "review and extend their knowledge of the main grammatical structure", while using different tenses together. They complement by saying these students also need to expend lexical areas and "build new words by adding prefixes and suffixes", while practicing the pronunciation of new lexis and putting the new vocabulary into practice, as well as these purposes also pervade all communicative skills, such as reading, writing, speaking and listening.

This work is justified with the intention of understanding the processes during this phase so that the students who are in the intermediate level can continue to learn and extend their level of proficiency, particularly considering the acquisition of vocabulary. The work will be divided into three chapters that include theoretical discussions about the acquisition of vocabulary, the plateau phase and strategies to be developed. In the methodology, the work will analyze two course books, correlating them with the previous discussions and observing their usefulness through the presented factors. Finally, the final considerations and the appendices will be presented.

2 METHODOLOGY

This work focuses on the analysis of two course books for teaching English language as foreign language, leveled as B1 according to the Common European Framework of Reference in Languages (CEFR). The course books to be analyzed are *American English File 3*, Second Edition, by Oxford University Press, and *Interchange 3*, Fifth Edition, by Cambridge University Press. These books were chosen because they are widely used in Brazil and I also use with my groups.

The aim of the analysis is to observe if what is proposed by both collections, concerning developing vocabulary, corresponds to what is presented by the authors studied in this work, as well as to analyze if they can actually help students of intermediate level who may be in a plateau phase.

2.1 CORPUS

The two materials analyzed in this work are intended for adult learners, and the focus of the analysis will be on vocabulary acquisition components and how vocabulary is addressed throughout a unit of each book. It will be observed if the way the activities and proposals are developed can collaborate to face the plateau phase during B1 Intermediate level. *American English File 3* has an average duration of 160 hours of classes, and the lesson 1B will be analyzed, which can be developed on an average duration of 5 hours of class. *Interchange 3* has an average duration of 120 hours of lessons, and the unit 1 will be analyzed, which can be developed on an average duration of 4 hours of class. Lesson 1B from *American English File 3* covers pages 8 to 13, 104, 108, 109, 113, 122, 123, 133 and 154 of the student book, pages 175, 202 and 218 of the teacher's book, and pages 7 to 9 of the workbook. Unit 1 from *Interchange 3* covers pages 2 to 7, 114 and 132 of the student book and resources from the material website for teachers.

3 ANALYSIS

The analyzes will be divided between lesson 1B of *American English File 3* and unit 1 of *Interchange 3*.

3.1 AMERICAN ENGLISH FILE COLLECTION ANALYSIS

As previously mentioned, the *American English File* collection, specifically in this analysis, the second edition, is structured on the basis of the Communicative Approach, which emphasizes the meaning, the interaction between the speakers, their intention and language functions, and it has six books in total, from A1 to C1, according to the Common European Framework of Reference for Languages (CEFR).

The book *American English File 3*, which includes level B1 and the start of level B2, was analyzed. The book is divided into ten units, with two lessons each, also containing lessons of language usage in practice and revisions to each two units, respectively. The second lesson of unit 1 (lesson 1B) was considered for the analysis, therefore, within level B1. This lesson presents the use of future forms, specifically present continuous to express future arrangements, future with *going to* when referring to plans and predictions, and future with *will* and *will not*, to express decision-making, promises, offerings, predictions, future facts and suggestions, and also how to express reciprocity through the use of *each other*. It also features vocabulary related to family and personality adjectives, as well as sentence and word stress and adjective endings. The analysis of this work was focused on the part of vocabulary, in this case, words related to the family and adjectives of personality. According to Latham-Koenig and Oxenden,

Every lesson in *American English File* has a clear lexical aim. Many lessons are linked to the Vocabulary Banks which help present and practice high-frequency, topic-based vocabulary in class, give an audio model of each word, and provide a clear reference so students can review and test themselves on their own (LATHAM-KOENIG; OXENDEN, 2014, p. 08).

The vocabulary bank⁴ section of this lesson features only meaningful lesson-related vocabulary, in this case adjectives to describe personality, and it is separate from lesson 1B⁵ which is covered between pages 8 to 11 and it is on page 153. The distance between the vocabulary bank and the lesson itself can be an alternative in case of students' self-study, if

⁴ See appendix 1.

⁵ See appendix 2. The four pages of the lesson 1B are in this appendix.

they want to review some specific vocabulary, for example, they are probably aware that there is a section especially for this, without necessity of looking for it lesson by lesson, which can be useful to students, as well dynamic. The complete vocabulary bank is between pages 152 to 164, highlighted by a green bar in the upper right corner, which differs from the other sections of the book, such as the grammar bank that has this bar in blue, for instance. This visual resource can be an alternative to help students easily locate what they are looking for.

About lessons A and B throughout the book, the authors state that each lesson "contains two four-pages lessons that present and practice Grammar, Vocabulary, and Pronunciation with a balance of reading and listening activities, and a lot of opportunity of speaking" (LATHAM-KOENIG; OXENDEN, 2014, p. 10). They also say have clear reference to the sections at the back of the book, as in the case of vocabulary bank. The balance among the different features of language help students to practice the vocabulary that are being studied due to the several opportunities to use that vocabulary while studying other aspects of language, as grammar or any of the receptive skills.

According to my experience, a four-hour class⁶ is enough to work each lesson, and it can vary for more or for less, according to the group and students' profiles. During this period of class, the students can learn new vocabulary "[...] by reviewing family vocabulary and talking about the way family life is changing" (LATHAM-KOENIG; OXENDEN, 2014, p. 19). This subject is generally familiar to all students, considering that everyone comes from a family, regardless of its structure, which allows everyone to somehow interact and manifest about their views and experiences about it. The grammar, focused on the future forms, which the students already know, considering that they are on level B1, compares the different ways of expressing their intentions regarding the future. Relating family issues to future aspects is very pertinent, given that people, in their family relationships, end up constantly planning the most varied situations: travel, shopping, tasks, everyone's responsibilities, etc. As these schedules usually refer to a future time, it is interesting to address this grammatical topic, which makes the vocabulary worked be used constantly.

This lesson also brings a song, *Our House*⁷, by Madness, which reinforces the use of the vocabulary related to family and it introduces new expressions, such as *Sunday best*⁸ and *house-proud*⁹, among others, that can perfectly be used when dealing with family issues. It also focus

⁶ I have been using this material since the first edition, precisely since 2008, and this has always been the average time it takes to develop the lesson with ease, giving you all the features of the collection.

⁷ See appendix 3.

⁸ Best clothes.

⁹ Spending a lot of time keeping a house clean and neat.

on relationships between siblings, about the advantages and disadvantages of being a younger sibling and an only child through a text that offers reflections and debates. At this point, students have the opportunity to expand their vocabulary by broadening their knowledge of adjectives that describe personality. They may probably know some of the adjectives, considering their level, but it is an opportunity to practice what they know and to learn new words. The listening activities encourage them to talk about each member's position within a family and how this can affect the personality of each one. A written activity ¹⁰ on a person description is also proposed. All these varied kinds of activities offer numerous moments of application and usage of the vocabulary presented in the lesson, allowing the students to work and deepen these uses, in a comprehensive and wide way, especially for being a subject that ends up being meaningful and connected with their realities.

Having made this broader contextualization of the lesson, I focused on analyzing the proposals of some activities that allow the acquisition and usage of vocabulary.

In part 1, *Vocabulary & Speaking* (pages 8 and 9)¹¹, the student is encouraged to analyze three images that represent different family contexts. This proposal allows them to be free to share their perceptions and use vocabulary that they already know. This step can be performed in pairs and then with the group, which already ends up being a moment of warming up, and introducing the main subject of the unit.

Then, the proposal is, in pairs, the students have the opportunity to explain the differences between the family relationships presented. It is worth to emphasize here that the activities in pairs are important, because they allow more opportunities of speaking and interactions. As mentioned before, Foster (1998) and Richards (2008) warns of the importance of peer work.

Next, the text *Changing – for the better?* is presented so that the students, through the reading, reflect on some contexts of family changes, besides receiving input of linguistic structures and also vocabulary, as well as developing the receptive skill of reading. After reading, the students listen to the audio from the text, which also presents the answers of the previous activity, which was to fill in the gaps with a suggested percentage. Again, through listening, the students are exposed to some input and another receptive skill – listening –, when they can observe and confirm the pronunciation of words that they do not know and appear in the text. As previous mentioned, Schmidt (1990), Swain (2000), Latham-Koenig and Oxenden

¹⁰ Appendix 4.

¹¹ The pages with the activities corresponding to part 1 appear in the appendix 2.

(2014), Yi (2007), Richards (2008) emphasize the importance of input for students to continue learning.

At the end of this block, students are invited to work in small groups to discuss and present their views on the main topic of the unit, family structure and routine, and the task provide with helpful expressions so that they can assist students in communication and deepen their communicative abilities and competences.

Part 2¹² refers to the grammatical topic presenting the future forms, and it will not be deepened here, but it is worth to mention, as before, that it can be very pertinent when working the proposed vocabulary about family and adjectives of personality.

Part 3¹³, regarding to pronunciation, works on sentence stress, helping students to improve their fluency. Afterwards, a speaking activity is proposed, which also involves the main theme of the lesson. Here, students have the opportunity to use the previously worked grammatical structures and vocabulary through output. This moment, in particular, I suggest doing the speaking activity in pairs, so that everyone has more opportunities to speak and produce language, developing this productive skill.

The song *Our House*, previously reported above, appears as an opportunity for more input, through the playfulness that music brings with it, besides presenting words and expressions related to the topic of the lesson. Gairns and Redman (1986), Richards (2008), Cook (2016) and Holden and Nobre (2018), as discussed before, state for a better vocabulary acquisition it is important to work on blocks of related words. This unit is structured in block of related words, so that the vocabulary is presented and worked in a way students learn them in a process divides in stages.

In part 5¹⁴, Reading, the article *Younger brother or only child? How was it for you?*, adapted from *The Times* and *The Guardian*, presents the story of the family relationships of two people. Initially, students are encouraged to talk about the advantages and disadvantages of being an only child or having siblings. Again, students are encouraged to talk about the main topic, using related vocabulary, and so having another opportunity to improve their lexicon. This moment is interesting for a lead-in stage to the reading, and ends up involving them to the next task. In pairs, each student is responsible to read the story of one of the two people mentioned in the text, and then to share information with a partner, telling what happened to

¹² Page 9 of the book, which appears in the appendix 2. The appendix 5 shows the grammar bank corresponding to this lesson.

¹³ Page 9 of the book, appendix 2.

¹⁴ Page 10 of the book, appendix 2.

each of these people. Next, the students are encouraged to recall which family members are mentioned in the text, and how the childhood experience of the writers from the text affects their lives.

At this point, students use another lexical topic proposed in the unit, in addition to the family: personality adjectives. Next, students look at the words highlighted in the text and relate them to their meanings. This kind of activity helps to learn contextualized vocabulary, important for their understanding and acquisition. Richards (2008) reinforces the use of context as a tool to learn vocabulary. At this point, the material presents the use of *each other*¹⁵ through examples, and closes this section by raising questions about their own family contexts, which makes students widely use the vocabulary that are being studied, especially because they are talking about themselves and their own reality. As it was said before, personalization is relevant to learning.

In part 6¹⁶, which focuses specifically on vocabulary, more specifically on personality adjectives, the students are encouraged to recall the meaning of some personality adjectives that appeared in the text, as well as whether any of them would describe their personalities. Afterwards, they are taken to the Vocabulary Bank¹⁷, and another opportunity to acquire new vocabulary is presented. In the first part, *What are they like?*, a list of adjectives, followed by their phonetic transcription (which is also worked through the *American English File* collection) is available for students to complete sentences with their definitions. After that, the audio of these sentences is available to check. I consider this activity important to the acquisition of new vocabulary, since they do not work the translation, but its meaning through definitions and examples, which is more effective and meaningful than simply memorizing words, as informed by Gairns and Redman (1986), Richards (2008), Cook (2016) and also Holden and Nobre (2018). It is relevant to point out the words in this section are worked in block, as explained before.

In the second part of the Vocabulary Bank, the opposites of some adjectives presented in the previous activity are shown, and students are asked to list them alongside the corresponding opposite. After that, through the audition of the audio, the students can check the answers and work on the pronunciation. Then, they are invited to work in pairs again, analyzing whether the adjectives listed in either Part 1 or Part 2 correspond to positive, negative, or neutral characteristics. Again, it is also emphasize the words are presented in blocks. This activity is a

¹⁵ Page 10 of the book, appendix 2.

¹⁶ Page 11 of the book, appendix 2.

¹⁷ Page 153 of the book, appendix 1.

good opportunity, when analyzing these characteristics, to talk about themselves and their families, which makes the activity even more meaningful, as well as a good opportunity to use the new words. So, the students are asked to test whether they remember how the adjectives with the negative prefixes are, without reading them. I consider this activity playful and challenging, but it may please some students or not others, but I believe it is interesting, regarding to memorization, which is not all the process of learning new vocabulary, but also necessary. Finally, the students are exposed to some *false friends*, which is often challenging when communicating, as reported by Gairns and Redman (1986), and which usually make students get confused due to the word similarities to other languages, that is why the importance of working on them.

Next, students are invited to return to page 11¹⁸ and another task invites students to think about the first three personality adjectives that come to their minds, leading them to a communicative activity¹⁹, presenting a personality test, which can be a moment of reflection and playful interaction among learners.

Part 7²⁰ of the lesson 1B is focused on pronunciation, and it brings word stress and adjective endings. This activity enhances the pronunciation of the vocabulary that has been learned throughout the lesson, which is also important to fluent communication. It can be done by drilling, and it is a relevant part inside the communicative approach, resulting in a better pronunciation and fluency improvement.

Part 8²¹ is dedicated to listening and speaking, and begins by questioning the position of the students in their families. Then, they analyze the cover of a book that deals with this subject, and listen to a journalist talking about it on a radio program. While they listen to the audio, they complete a chart with the adjectives mentioned by her and which correspond to each family position (oldest children, middle children, youngest children and only child). In this kind of activity, I usually play the audio²² twice, to enable everyone to capture as much information as possible, and I play a third time only if I observe the students really need – as the text from this listening activity is relatively long – but considering they are at level B1 in the CEFR, they may not need to listen more than twice. Afterwards, they compare their notes with a partner, and are challenged to remember the reasons and examples that the journalist gives. Different from what is proposed by the activity – listen to the four sessions again, one by one – I would

¹⁹ Page 104, appendix 6, activity 1B. There is a section for communication that goes from page 104 to 112.

¹⁸ Appendix 2.

²⁰ Page 11, appendix 2.

²¹ Page 11, appendix 2.

²² Appendix 7, audio 1.27.

only do so if I observe the students necessity, since they had the opportunity to listen at least twice before. Again, peer work offers more moments of interaction and speech, and in this specific activity, the students can make extensive use of words related to the family and personality adjectives, which is fundamental to the acquisition of the lexicon. The pairs analyze whether or not they agree with what they have just heard and whether they observe such characteristics in themselves or in other people they know. Overall, this section provides vocabulary practice, providing students opportunities to learn and improve new lexicon and develop the receptive skill of listening and the productive skill of speaking.

To close the lesson, the students are invited to do a written production describing a person. They are taken to page 113, in the Writing²³ section, and so the students are exposed to a writing model, which deals with two messages exchanged between two friends, via social network. The students are asked to answer two questions of comprehension, and to find five spelling mistakes, challenging them to correct, which arouses a critical sense of their own writing. They are then encouraged to read the text again and answer questions without going back to the text again. These questions involve personality adjectives, and they again use new vocabulary. After that, they are introduced to modifiers, commonly used with adjectives, further expanding their lexicon. Some more useful language when describing a person is presented, involving positive and negative adjectives, as well as some prepositions that follow adjectives. Again, the work on blocks of words is perceived, reinforcing the importance of relating the words when acquiring vocabulary. Finally, students are invited to describe a person through a written production, guiding them to divide the information into paragraphs, and encouraging them to check their mistakes. I think it is interesting to designate this activity to be done at home, outside the classroom, since it is a time-consuming activity and fully individual. They could share and deliver their written productions in another class, which also allows the review the vocabulary learned in the previous class. Overall, it is a section which makes students use the new vocabulary as well as develop the productive skill and writing. If it is pertinent, teacher can give another opportunity of writing after the corrections.

The teacher's material offers extra activity for vocabulary and for communication. The vocabulary activity²⁴ proposes that students, in pairs, complete a crossword with personality adjectives, describing the words to each other, but not mentioning the word itself, only through its meaning. It is a playful and very useful activity to learn new vocabulary. It can be done after working with the Vocabulary Bank, or at the end of the class, as the closing of the lesson. I

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²³ There is a section dedicated exclusively to written production, pages 113 to 121. Appendix 4.

²⁴ Appendix 8.

think it is interesting to finish the class in a lighter and more playful way, I believe that motivates for the next classes. The communicative activity²⁵ also brings the vocabulary worked in the lesson, which the students talk about someone in their family, reinforcing and reusing the vocabulary worked. It also can be done at the end of the class, as one more opportunity to speak and learn lexicon, especially by bringing up personal issues, which usually motivates students to talk.

At the end of the two lessons of unit 1, the *Practical English*²⁶ section offers a review of the main linguistic aspects covered in the previous two lessons, such as grammatical points and the most recurring vocabulary. This section tells the story of two characters, which is presented from the beginning of the collection. The activities are developed through three videos, merging activities that include issues of filling in the gaps with relevant information, issues of truth or false, and questions that contemplate comprehension. They also present different words between British English and American English, and useful expressions for communication and common phrases in social interactions. It also offers pronunciation experiences and drill activity. I will emphasize what concerns the vocabulary related to previous lesson. The story presented in the videos²⁷ involves a familiar situation, with an exchange of experiences during the interactions, which uses vocabulary referring to the family and descriptions with adjectives. The section presents the difference between the terms "mom" and "mum", respectively, referring to "mother", so both words refer to family. It also presented the use of "how + adjective" and "what + noun", which meets all adjectives worked previously. At this point, students are taken to the Communication²⁸ section to deepen the use of these structures. This review is pertinent because it reinforces what has been worked up to then, in a contextualized and broad way, allowing a relationship with real and routine interactions. Concerning the vocabulary, it is another opportunity, not in the same class, but in later moments, to review the new vocabulary learned, giving more chances of effective learning.

The American English File collection also offers a workbook²⁹, which includes a CDROM, reinforcing all classroom learning by studying at home. The activities from the workbook can be checked in the following class as a way of clarifying and learning. The material also has an online platform, focused on skills required for CEFR level B1, which is an

²⁵ Appendix 9.

²⁶ Pages 12 and 13 of the book, appendix 10. Both pages are in this appendix.

²⁷ The transcription of the videos is shown on pages 122 and 123 of the book, appendix 11, audios 1.28, 1.29 and

²⁸ Pages 104 and 109 of the book, appendix 12, activities PE1. Both pages are in this appendix.

²⁹ The appendix 13 presents the activities of the workbook related to the lesson analyzed, from pages 7 to 9 of the workbook.

alternative of self-study. This collection offers effective opportunities to improve lexicon and to acquire new vocabulary, as shown previously, since it does not simply present the vocabulary, but link them to a variety of usages, always contextualized, leading the students to effective use of language. Next section will present the analysis of the other course book, *Interchange 3* 5th edition, by Cambridge University Press, also concerning vocabulary.

3.2 INTERCHANGE 5TH EDITION COLLECTION ANALYSIS

This analysis refers to the book *Interchange 3*, 5th edition. The *Interchange* collection also works based on the Communicative Approach, and the collection is composed of four books. Book 3 corresponds to the last book in the collection, and fits into level B1 of the CEFR. It has sixteen lessons, and each lesson can be worked on in approximately four class hours. Richards (2017) informs in unit 1³⁰, the students are able to

[...] practice talking about personalities and qualities and likes and dislikes. By the end of Cycle 1, students will be able to discuss ideal friends and partners using relative pronouns *who* and *that*. By the end of Cycle 2, students will be able to discuss things they like and don't like using clauses with *it* and adverbial clauses with *when* (2017, p. 2).

In the first part of the lesson, *Snapshot*³¹, a chart inviting students to reflect on marital and loving relationships is presented, so they can debate on the subject. This activity ends up being a warm up activity to what will be addressed in the lesson, which involves themes related to personalities and qualities, as well as personal preferences. At this point, they have the opportunity to use known vocabulary, such as looking for new words that appear on the chart.

In Part 2, *Conversation*³², a conversation between two friends is presented, and in it they can talk about a search on a dating website. Here, in addition to using the vocabulary referring to the characteristics and preferences, which involves adjectives, is already introduced the grammatical point that will be approached in the next section, the *relative pronouns*. They are invited to listen to the audio of the conversation, and practice in pairs, such as drill activity. This moment is important to shape speech models and to deep improvement in fluency. Afterwards, the students listen to the conclusion of the conversation³³, which makes the conversation not something random, simply added to the lesson, but a situation of real context,

³² See appendix 14, page 2 of the book.

³⁰ Pages 2 to 7 of the book, appendix 14. The six pages are in this appendix.

³¹ See appendix 14, page 2 of the book.

³³ Appendix 15, 1.2 Conversation (p. 2).

in which some of the students can identify themselves by already having lived or meeting someone who has already lived it, what makes learning more meaningful, in addition to being an input opportunity, already mentioned its importance previously.

In part 3, *Grammar Focus*³⁴, the highlight is for relative pronouns. Although it is not the focus of the work, it is worth to emphasize this grammatical point can meet the vocabulary worked in the unit - personality and qualities, which involve adjectives, and preferences - since when we describe what we like or dislike and qualify or report somebody, somewhere or something, the usage of these pronouns is very important. Therefore, I believe it is pertinent to join the use of this vocabulary and this grammatical topic.

Part 4, *Word Power*³⁵, addresses personality traits. Here, it is possible to observe focus on adjectives that describe personality. The first activity proposes to match a list of adjectives to their descriptions - it is observed the use of the relative pronoun previously worked as well -, and then classify the adjectives into positive or negative. After that, it is proposed that, in pairs, students, without reading the definitions, define the adjectives with their own words. This type of activity, in addition to helping them learn new words, helps them develop oral skills and the ability of paraphrasing something they do not know or do not remember how to say during communication. It is then suggested that they choose adjectives to describe some family members they like. This moment is very meaningful because it starts from something very personal, which usually motivates students to express about themselves. It is worth to mention, once again, the importance of working in pairs, addressed several times previously throughout this work. Overall, this section provides students opportunity to learn and use the new vocabulary from the unit.

In part 5, *Listening*³⁶, the proposed activity is to listen to three people's description³⁷, which students should classify the descriptions as negative and positive, and list the adjectives mentioned. As in the previous section, this activity, in addition to providing input – also emphasized its importance previously –, the students reinforce the use of the vocabulary worked, and helping them learn and consolidate its acquisition.

Part 6, *Discussion*³⁸, proposes that students discuss what an ideal friend, family member, or partner would look like. In addition to allowing reflection on what kind of person is interesting that each one has at their side, which becomes meaningful for the students, again

³⁴ See appendix 14, page 3 of the book.

³⁵ See appendix 14, page 3 of the book.

³⁶ See appendix 14, page 4 of the book.

³⁷ Appendix 15, 5. Listening (p. 4).

³⁸ See appendix 14, page 4 of the book.

they use the vocabulary studied. Then, in groups, they share their ideas and discuss them, using in practice and in a real and meaningful context the vocabulary explored.

Afterwards, in part 7, Writing³⁹, it is proposed that they think about a friend and write a paragraph, based on some questions. After writing, which involves the subject addressed in the unit – which goes on to reaffirm the acquisition of this new vocabulary – they are invited to share their writings and compare them. Here, I suggest writing at home, because it is an individual and time-consuming activity, and bringing it in the following class, and so sharing with the group. Overall, this section allows one more opportunity of putting in practice the new lexicon, which is useful to learn it.

In part 8, *Perspectives*⁴⁰, students are exposed to a text and its audio, and invited to think about if they agree or not with the subject addressed in it. Therefore, a score can be calculated, just like in some tests we find in some magazines, for example, and they can verify if they bother easily with some everyday situations concerning other people. This topic often engages students, since people tend to enjoy talking about what they like or dislike. After this test, they are invited to share their scores with the group and explore those issues. Again, besides being significant and engaging, it is a playful activity that involves the lexicon addressed. All these aspects reinforce the acquisition of new vocabulary.

Part 9, *Pronunciation*⁴¹, presents linked sound by some sentences and speeches involving the topics addressed. Although it is not the focus of the work, improving pronunciation is always relevant in terms of fluency and language use, as well as practicing the pronunciation of the new vocabulary.

Part 10, Grammar Focus⁴², presents another grammatical point referring to the use of it clauses + adverbial clauses with when. Just as part 3, already mentioned before, although it is not the focus of the work, it is worth to mention that this grammatical structure is in agreement with the personal preferences, which contributes to the development and deepening of the vocabulary worked on in the unit, facilitating its acquisition. Both sections 3 and 10 lead students to page 132⁴³, in the *Grammar Plus* section⁴⁴, where they can deepen the grammatical structures studied throughout the units.

³⁹ See appendix 14, page 4 of the book.

⁴⁰ See appendix 14, page 5 of the book.

⁴¹ See appendix 14, page 5 of the book.

⁴² See appendix 14, page 6 of the book.

⁴³ Appendix 16.

⁴⁴ This section of the book is contemplated between pages 132 to 147, and it presents the grammar topic explanations and activities.

In Part 11, Interchange 1^{45} , students are taken to page 114^{46} – which is part of the Interchange activities section⁴⁷ and develops communicative skills – and are invited to do a quiz, in pairs, about their own personalities. Here, in addition to being a playful and very significant moment, by referring to themselves, they make uses of all the structures studied in the unit up to then, including those referring to the lexicon. After the first step in pairs, they are invited to share their answers and what they found out with the group, and again end up using the language, its structures and the lexicon to be learned, corroborating for its acquisition.

Finally, in Part 12, Reading⁴⁸, students can read a text that meets all that has been brought in the unit, reinforcing their learning, and broadening their comprehension and interpretation skills involving the English language. In the end, they are invited to discuss the topic addressed in the text, which means they use language and vocabulary to communicate.

Teachers who adopt the *Interchange* collection have access to extra resources that can be used in their classes as a way of enriching their pedagogical practices and mediating the achievement of learning goals. One of the activities is especially dedicated to the vocabulary⁴⁹, which presents a list of personality adjectives, some presented in the unit, others not. After this list, there are activities aimed at the practice and use of adjectives, which propose that students classify the adjectives into positive and negative, and list some famous people and their characteristics. Afterwards, they are invited to talk about their preferences. These activities are democratic and usually involve students because they have the opportunity to express themselves and talk about their personal preferences, as well as they help them to acquire a little more of the vocabulary that are being studied. There is also an activity⁵⁰ in which students, in pairs, complete a crossword with personality adjectives. Here, they are supposed to give the definition of each adjective so that the colleague identifies it, making them to develop the ability of description and paraphrasing, as well as the interpretation of what they are listening and, consequently, acquisition of the lexicon studied and improvement of speaking. Both activities can be done after approaching vocabulary in the unit, in this case after part 4, or at the end of class, to close it in a playful and enjoyable way. As mentioned before, I believe that ending the class in this way interferes with the pleasure of returning to class because students leave class with a good feeling of joy and accomplishment.

⁴⁵ See appendix 14, page 6 of the book.

⁴⁶ Appendix 17.

⁴⁷ This section is contemplate between pages 114 and 131, and it is focused on what is studied in each unit.

⁴⁸ See appendix 14, page 7 of the book.

⁴⁹ Appendix 18.

⁵⁰ Appendix 19.

The extra activities of listening⁵¹ and writing⁵² directly involve the studied vocabulary: personality adjectives and preferences. The listening activity can be performed at any time that the teacher considers pertinent. I suggest doing it at the end of the lesson, as another way to take back what has been studied in class, including vocabulary. The writing activity I suggest to be done at home, considering it is an individual and time-consuming act. In the following class, this writing can be shared and debated with the group, becoming a way of remembering and reinforcing some aspects previously studied. Overall, the two proposals are relevant concerning the use and practice of the new lexicon.

The Interchange collection offers online workbook, contemplating self-study, where students can deepen their knowledge and language skills, which is fundamental for consolidating language learning. This collection offers a range of opportunity to learn new vocabulary since it contemplates new lexicon by using them along the unit in a meaningful and personalized way.

Richards (2008) and Cook (2016), as well as other authors mentioned in this work, discuss about the importance of teaching the language, and so new vocabulary with solid and consistent approach, allowing students use making effective use of language. Both course books from the analyses provide students moments to use the language in a contextualized and meaningful form, as well as personalized, collaborating to the vocabulary acquisition and to face the plateau phase that may occur during this stage of learning when the students achieve the intermediate level.

⁵¹ Appendix 20.

⁵² Appendix 21.

4 FINAL CONSIDERATIONS

Both the *American English File 3* and *Interchange 3* books bring their content in an interrelated way. Throughout the lesson and the unit analyzed, it is possible to observe that the vocabulary is present at all activities and moments during the lesson, as well as the grammatical components presented can be easily used with the vocabulary proposed by the lesson. The materials evidence what Gairns and Redman (1986), Richards (2008), Cook (2016) and Holden and Nobre (2018) discuss about the importance of working with vocabulary in a related way, presenting new vocabulary in blocks of words, and offering different and varied opportunities of using the new lexicon.

Both books also offer extra features and the option of self-study, which collaborates to increase knowledge and to consolidate of what has being studied through practice, in addition to not only focus on the student's book, which can be motivating for students keep on their studies. They lead students to work in pairs or in groups constantly, allowing real and dynamic interactions, facilitating communication and consolidating learning. Foster (1998) and Richards (2008) mention the importance of peer work.

Both materials provide meaningful and engaging activities that involve the individual realities of each student, as well as they involve them in their peers' realities. When there is engagement and involvement from the students, the learning happens in a fuller and more natural way, providing a warm and democratic environment, making each one feel part and responsible for their own learning, as well as a sense of belonging. Richards (2008) warns the importance of meaningful activities for better results in learning.

Apparently, the *American English File* collection is a little bit denser, with a big amount of information and deeper tasks if compared to the *Interchange* collection, which is a little bit lighter and the tasks are usually less complex. These characteristics do not detract any of the proposals, since what becomes relevant here is about considering the profile of the groups and students when choosing one of these materials.

The way both course books deal with the acquisition of vocabulary contributes so that students – in this case intermediate level students, B1 of CEFR – learn new lexicon and reinforce what is already known, since they are given a good time in class to use new vocabulary, as well as this new lexicon is brought in several different ways and context throughout the lessons. The collections also offer opportunity to go on studying by themselves out of the classroom, which results in a deeper learning. All these features help those students who may be facing the plateau phase because it gives them the several and different

opportunities to use the vocabulary in a natural, intuitive and personalized way, over a considerable period of time, allowing the use to be relevant, so they can acquire new lexicon in a more fluid and non-anxious way.

Using vocabulary when you are at an intermediate level is the most efficient way to learn it, considering it is a time when many students cannot realize their own progress in language learning, which is most noticeable at basic levels, but it does not mean that learning does not keep happening at the other levels. Using the language in a natural and intuitive way can help students understand better the processes and observe their own progress, while encouraging them to continue studying, without evading courses and classrooms.

It is also important that teachers analyze what is possible to follow in the proposals presented by the collections and what is important to reformulate and adapt, in order to achieve the needs and the goals of their groups and students. Teachers must have the expertise when analyzing, reformulating and adapting the activities presented by the course books.

In the course of this work, it was observed that there is not much material available about what concerns specifically plateau in acquiring vocabulary. As suggestion for future papers, a more in-depth research in this field and practical analyses of groups that use the methodology and the collections presented by this analysis can be very pertinent and relevant to understand and help teachers and students concerning the plateau phase and the acquisition of vocabulary during this moment of learning.

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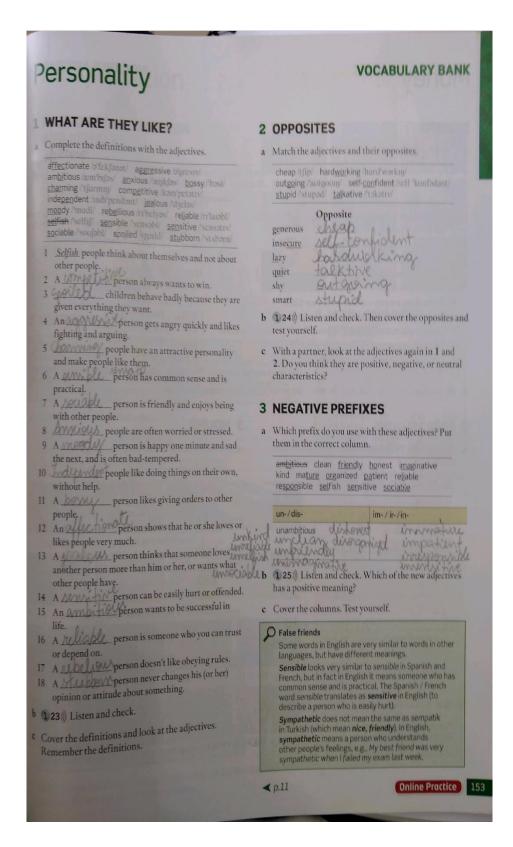
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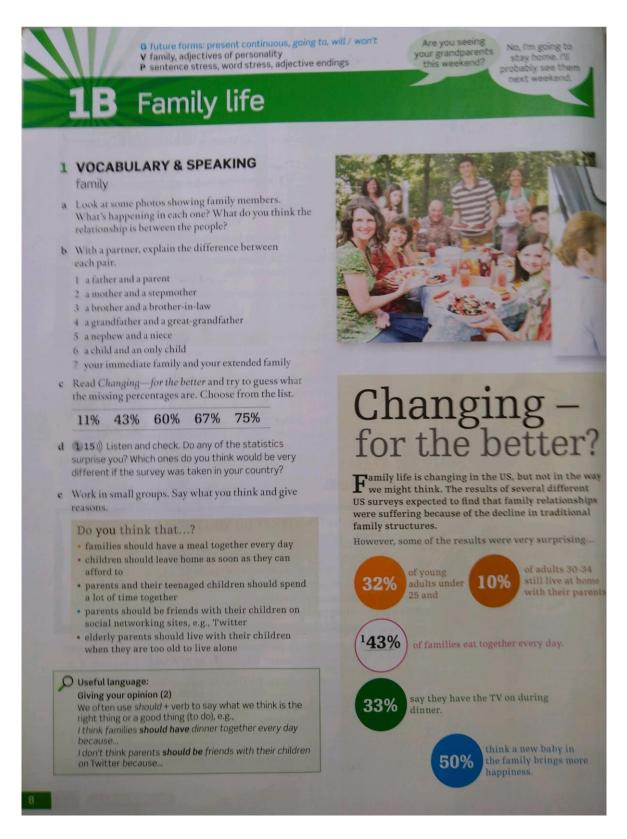
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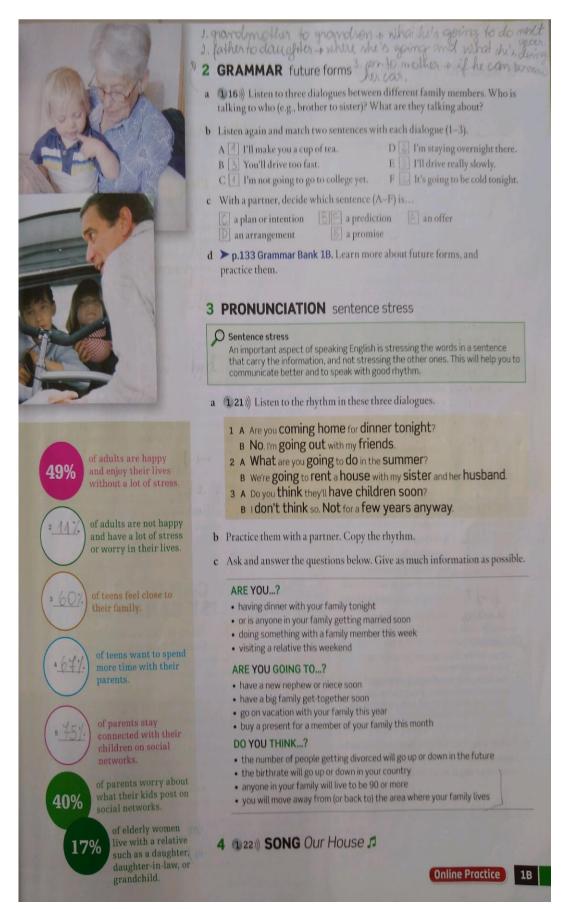
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5 READING

- a Which do you think has more advantages, being an only child, or having brothers and sisters? Why?
- b Work in pairs. A read The Younger Brother, B read The Only Child.
- c Tell your partner about 1 and 2 below. Whose childhood sounds happier?
 - 1 other family members who are mentioned
 - 2 how the writer's experience as a child affects him/her now
- d Look at the highlighted words in the two texts. Try to figure out their meaning from the context. Then match them with definitions 1–12.
 - 1 MCK adjill
 - 2 No Wonder it's no surprise that
 - 3 Mortal noun competition between two people
 - 4 (110) noun the time when you were
 - noun a meeting of people, e.g., family
 - 6 noun people who are fully grown
 - 7 adj knowing about or being conscious of something
 - 8 Moun a school where children can live during the year
 - 9 verb think that somebody or something is important
 - verb divided something between two or more people
 - 11 verb try to hurt somebody else
 - 12 of gomo noun a group of friends

@ each other

When brothers and sisters get older they value **each other** more.

Use each other to talk about an action between two people or groups of people, e.g., I don't get along very well with my father. We don't understand each other.

e Talk to a partner. Do you have brothers and sisters, or are you an only child? Do you feel positive or negative about it?

Younger brother or only child?

THE YOUNGER BROTHER NOVELIST TIM LOTT

Rivalry between brothers is normal, but there was a special reason for the tension between us. I was very ill when I was born, and spent three months in the hospital with my mother. My brother did not see her at all during that time because he went to stay with an aunt. When our mother returned home, it was with a sick newborn baby who took all the attention. No wonder he hated me (although if you ask Jeff, he will say that he didn't – we remember things differently).

My brother and I were completely different. We shared the same bedroom, but he was neat, and I was really messy. He was responsible; I was rebellious. He was sensible; I was emotional. I don't

have any positive memories of our childhood together,

though there must have been good moments. Jeff says we used to play "Cowboys and Indians," but I only remember him trying to suffocate me under the bedcovers.

My relationship with Jeff has influenced my attitude toward my own four daughters. If the girls fight, I always think that the younger child is innocent. But the good news about brothers and sisters is that when they get older, they value each other more. Jeff is now one of my best friends, and I like and admire him greatly. For better or for worse, we share a whole history. It is the longest relationship in my life.

Adapted from The Times

THE ONLY CHILD JOURNALIST SARAH LEE

I went to boarding school when I was seven, and the hardest thing I found was making friends. Because I was an only child, I just didn't know how to do it. The thing is that when you're an only child, you spend a lot of your time with adults, and you're often the only child in a gathering of adults. Your parents go on living more or less the way they have always lived, only now you are there, too.

I found being an only child interesting because it gave me a view of the world of adults that children in a big family might not get. And I know it has, at least partly, made me the kind of person I am – I never like being one of a group, for example. If I have to be in a group, I will always try to go off and do something on my own, or be with just one other person – I'm not comfortable with being one of a gang.

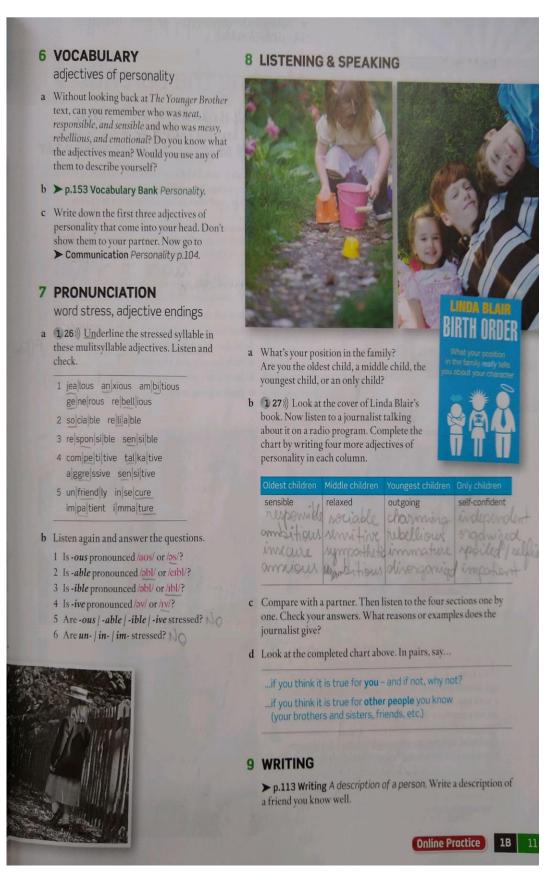
My parents are divorced now and my mother lives in the US and my father in the UK. I feel very responsible for them -I feel responsible for their happiness. I'm the closest relative in the world to each of them, and I am very aware of that.

Adapted from The Guardian



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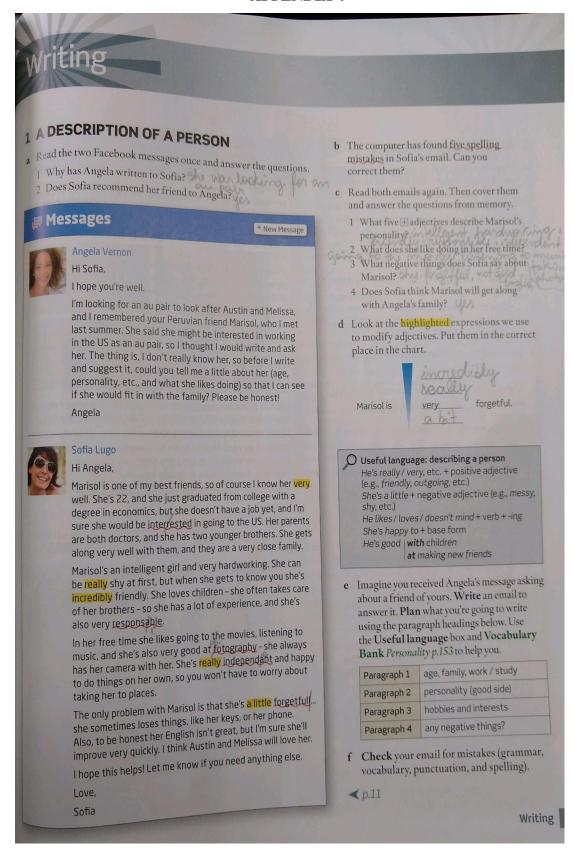
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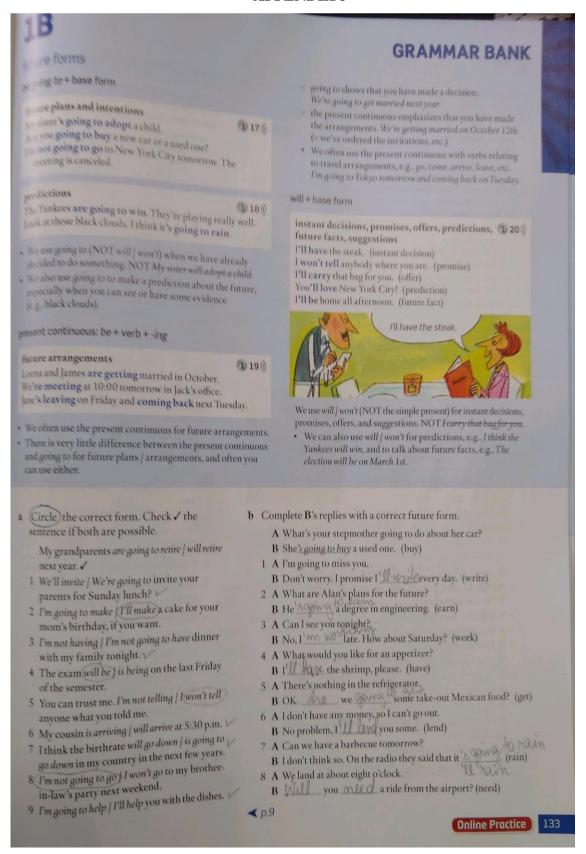
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Our House Father wears his Sunday best (a day of the week)	a Listen to the song and write the missing words 1–10. Use the clues in parentheses to help you	
Mother's 2 she needs a rest (adjective) The kids are playing up 3 (part of the house)	b Read the lyrics with the glossar and answer the questions.	
Sister's sighing in her sleep 4's got a date to keep (member of the family) He can't hang around	1 Do you think the singer's memory of his home is positiv or negative?	
CHORUS Our house, in the middle of our street Our house, in the middle of our	2 Which of these adjectives would you use to describe his house? Check (✓) the boxes.	
Our house it has a crowd There's 5 something happening (adverb of frequency) And it's usually quite loud Our 6 she's so house-proud (member of the family, colloquial)	busy quiet clean messy	
Nothing ever slows her down and a mess is not allowed CHORUS	crowded	
Our house, in the middle of our street (Something tells you that you've got to move away from it) Father gets up 7 for work (adverb of time) Mother has to iron his 8 (something you wear) Then she sends the kids to 9 (a place) Sees them off with a small kiss She's the one they're going to miss in lots of ways CHORUS	GLOSSARY Sunday best = best clothes playing up = behaving badly sighing = making a sad sound has got a date = has a meeting (with a girl) hang around = stay somewhere for a long time house-proud = spending a lot of time keeping a house clean and neat you've got to = you have to	
I remember way back then when everything was true and when We would have such a very good time Such a fine time Such a 10time (adjective) And I remember how we'd play, simply waste the day away	SONG FACTS Our House was British group Madness's bigges international hit. In the summer of 2012, 20 years after they first recorded it, the song became popular with a new generation of music fans: Madness sang the song to an international audience at the closing ceremony of the London 2012 Olympics.	
Then we'd say nothing would come between us two dreamers REPEAT FIRST VERSE CHORUS		
Our house, was our castle and our keep Our house, in the middle of our street Our house, that was where we used to sleep Our house, in the middle of our street (to fade)	or was body a mid to a m	

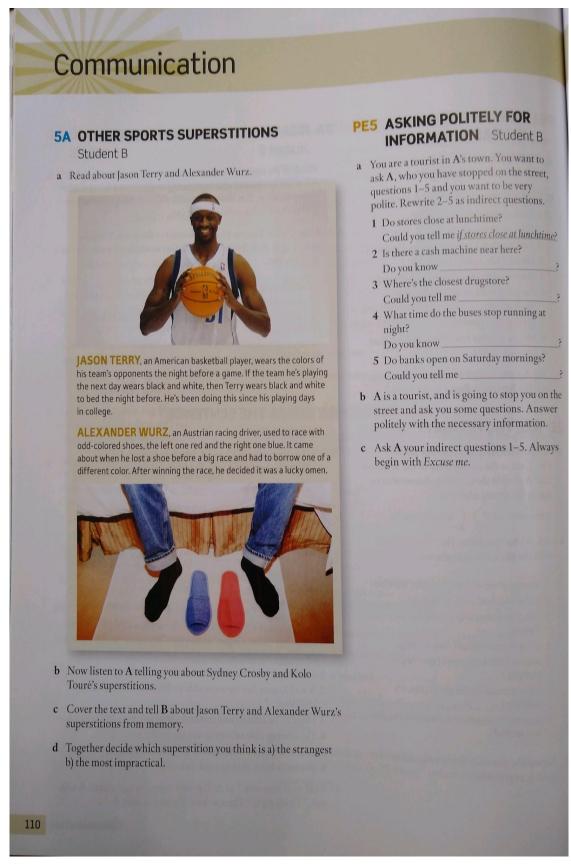
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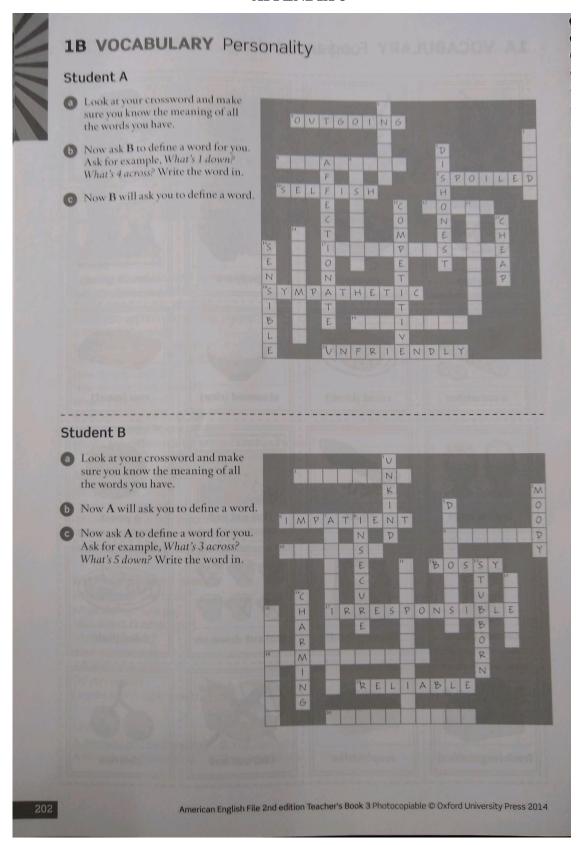


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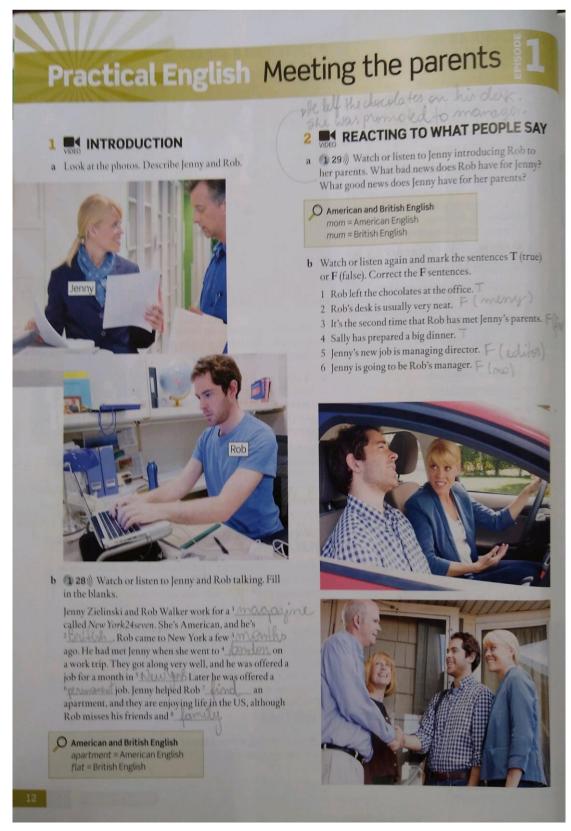




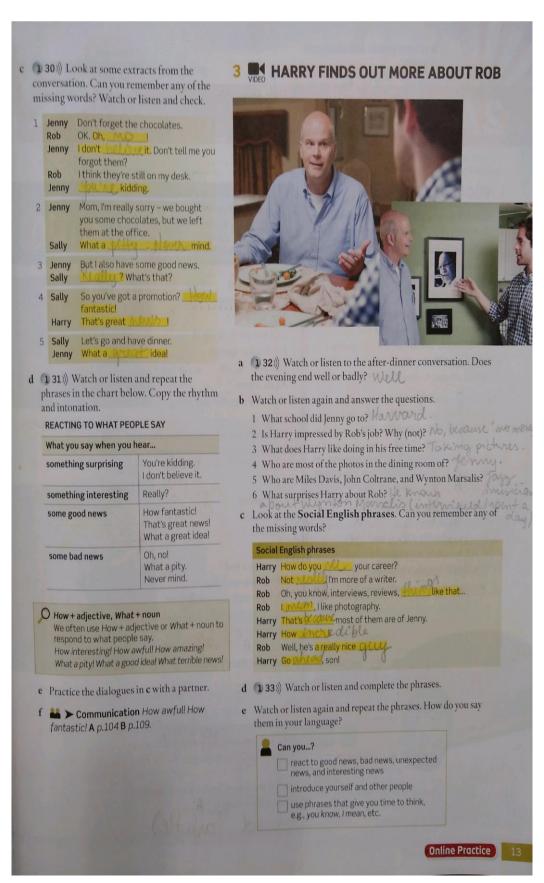
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a parent your boyfriend / girlfriend a stepmother / stepfather a brother / sister a nephew / niece a grandparent your best friend				
Person's first name				
① Family Where / born?	(4) Interests What / like doing in / free time?			
Where / live?	/ play any sports or exercise? Which?			
Who / live with?	What kind / music / like?			
	/ speak foreign languages? Which?			
② Occupation / School What / do?	Your relationship with this person in the present			
Where / work or go to school?	How often / see each other?			
/ like / job or school? Why (not)?	/ get along well?			
/ going / change / job or school in the future?	What / have in common? What / do together?			
Appearance and personality What / look like?	6 Your relationship with this person in the future When / you / see this person next?			
What kind / clothes / wear?	What / do together?			
What / like?	/ go on vacation together this year?			
What / best and worst quality?	Do you think / know this person / ten years from now?			
Student A: Ask B about his or her persor information, too. Try to guess who the person information, too.	guess if the person is a parent, your boyfriend or			

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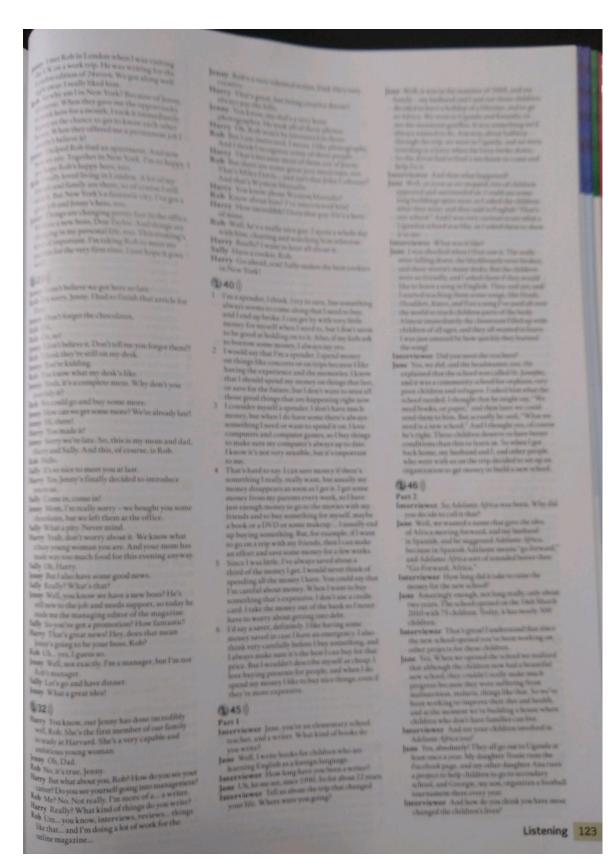


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Communication

1B PERSONALITY Students A+B

Read the explanation and compare with a partner. Do you agree with your results?

The activity you have just done is a personality test. The first adjective you wrote down is how you see yourself, the second is how other people see you, and the third is what you are really like.

PE1 HOW AWFUL! HOW FANTASTIC! Student A

- a Read your sentences 1-9 to B. B must react with a phrase, e.g., You're kidding, Oh, no!, etc.
 - 1 I collect funny salt-and-pepper shakers.
 - 2 I spilled some coffee on my laptop last night, and now it doesn't work.
 - 3 I'm going to New York City next weekend.
 - 4 Someone stole my bike yesterday.
 - 5 My dog can open the kitchen door by itself.
- 6 My father's going to be interviewed on TV tomorrow.
- 7 My grandmother just bought a sports car.
- 8 My parents met when they were only 15.
- 9 I just won \$2,000 in the lottery!
- b Listen to B's sentences and react with a phrase.
- c Tell B some real (or invented) news about you for B to react. React to B's news.

2A SPENDER OR SAVER? Students A+B

Check your results. Then compare with a partner. Do you agree with your results?

Mostly a answers

You can't be trusted with your own money! You definitely need someone to help you to manage your finances better. Why not speak to an organized friend about how to plan? This will help you to make your money go further and stop you from getting into debt.

Mostly b answers

Although you understand how to manage your money, sometimes you need to be a little more organized. Try setting yourself a weekly or monthly budget, and then stick to it. You will then know how much money you have, what you spend it on, and how much you can save. Mostly c answers Le cumprir

Congratulations! It sounds like you really know what you are doing when it comes to managing your money. You know how important it is to keep track of your spending and are responsible with your money. Gacompanhar

2B ARE YOU HUNGRY?

Student A

- a Ask B your questions. He | She responds with the phrase in parentheses.
 - 1 Is the water cold? (Yes, it's freezing.)
 - 2 Was the movie good? (Yes, it was fantastic.)
 - 3 Were you tired after the exam? (Yes, I was exhausted.)
 - 4 Was the room dirty? (Yes, it was filthy.)
 - 5 Is it a big house? (Yes, it's enormous.)
 - 6 Were you surprised? (Yes, I was amazed.)
 - 7 Are you sure? (Yes, I'm positive.)
- b Respond to B's questions. Say Yes, it's ... | I'm..., etc. + the strong form of the adjective that B used in the question. Remember to stress the strong adjective.

Are you afraid of flying? (Yes, I'm terrified.

c Repeat the exercise. Try to respond as quickly as possible.

3A I'M A TOURIST - CAN YOU HELP ME? Student A

- a Think of the town / city where you are, or the nearest big town. You are a foreign tourist, and you are planning to get around using public transportation. Ask B questions 1–5. Get as much information from B as you can.
 - 1 What kind of public transportation is there?
 - 2 What's the best way for me to get around the city?
 - 3 Can I rent a bike? Are there any bicycle lanes?
 - 4 Is it easy to find taxis? How expensive are they?
 - 5 What's the best way to get to the airport from the center of town? How long does it take?
- b Switch roles. B is a foreign tourist in the town who has rented a car. You live in the town. Answer B's questions and give as much information as you can.

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HOW AWFUL! HOW FANTASTIC! Student B Issen to A's sentences and react with a chrase, e.g., You're kidding, Oh, no!, etc. Read your sentences 1–9 for A to react. I failed my driving test yesterday. I lost my wallet on the way to class. I met George Clooney at a party last week. I think I saw a ghost last night. I won a salsa competition last weekend. I mgoing to be on a new edition of Big Brother. My dog died yesterday. My grandfather has a black belt in karate. My uncle is 104. Ill A some real (or invented) news about	3A I'M A TOURIST - CAN YOU HELP ME? Student B a Think of the town / city where you are, or the nearest big town. A is a foreign tourist who is planning to get around using public transportation. You live in the town. Answer A's questions and give as much information as you can. b Switch roles. You are a foreign tourist in the town. You have rented a car. Ask A questions 1–5. Get as much information from A as you can. 1 What time is rush hour in this town? 2 Where are there usually traffic jams? 3 What's the speed limit in the town? Are there speed cameras anywhere? 4 What will happen if I park somewhere illegal? 5 Where's the nearest tourist attraction outside the city? How long does it take to drive there from here?
ARE YOU HUNGRY? Student B Respond to A's questions. Say Yes, it's	4A GUESS THE SENTENCE Student B a Look at sentences 7–12 and think of the correct form of
im, etc. + the strong form of the adjective that A used in the question. Remember to tress the strong adjective. Sthe water cold? Yes, it's freezing.	be able to + a base form verb. Don't write anything yet! 7 It must be great to a lot of languages. 8 I won't you tonight. I'm too busy. 9 My grandmother can't walk very well, but luckily we
Ask A your questions. He / She responds with the phrase in parentheses.	just outside the restaurant. 10 They haven't an apartment yet. They're still looking.
1 Are you afraid of flying? (Yes, I'm terrified.) 2 Is the soup hot? (Yes, it's boiling.) 3 Was the teacher angry? (Yes, he / she was furious.) 4 Is the bedroom small? (Yes, it's tiny.) 5 Are the children hungry? (Yes, they're starving.) 6 Is the chocolate cake good? (Yes, it's delicious.) 7 Was she happy with the present? (Yes, she was excited.)	11 You should this exercise. It's very easy. 12 We really enjoy outside in the summer. b Now listen to A say sentence 1. If it's the same as your sentence 1 below, say "That's right." If not, say "Try again" until A gets it right. Continue with 2–6. 1 I'm sorry I won't be able to come to your party next weekend. 2 It was August, but we were able to find a hotel without any problems. 3 I used to be able to understand a little Japanese, but I can't now. 4 I love being able to stay in bed late on the weekend. 5 Will you be able to finish the work before Saturday? 6 I've never been able to cook fish well.
uickly as possible.	c Read your sentence 7 to A. If it isn't right, try again until A tells

Latham-Koenig, C.; Oxenden, C. American English File 3 – Student Book. 2nd edition. New York: Oxford University Press, 2014.



1

		<u> </u>	
1	GRAMMAR future for	orms	
a	Complete the sentences with	the correct form of the verbs or phrases on the rig	ht.
	1 My brother hates his job. H	[1] [1] [1] [1] [2] [2] [2] [2] [2] [2] [2] [2] [2] [2	he / look for (an intention)
	2. Don't worry about the drin	ks. for them.	I / pay (an offer)
	3	some more coffee.	I / make (an offer)
	4 Do you think	before you're 30?	you / get married (a prediction)
	5 A Are you ready to order?	to my cousin's wedding. We'll be on vacation.	we / not go (an arrangement)
	B Vac	the stank	I / have (an instant decision)
	B Yes,	21 on my neyr hierlyday	I / be (a fact)
	8	for dinner tonight. You paid last time.	we (nav (an offer)
	9 I'm going to the mall.	long	I / not be (a promise)
	10	long. a party for my grandmother's 80th birthday tomorrow.	we / have (an arrangement)
		the correct future form of the verbs in parenthese	
	GREET ARRESTMENT !		
		A Are you going away this weekend? (go B No, we here. Why? (stay) A We a barbecue. Would yo	away)
	Q III	A We a barbecue. Would yo	u like to come? (have)
		2 A I'm too tired to cook. I some Chi B Good idea, I the restaurant. Wh A I the spring rolls, please. (have)	nese take-out food tonight. (order) at do you want for an appetizer? (call)
		3 A What time you it the six o'clock train. (tall A I you a ride to the train station.	00)
	4	4 A What you tonigl B I the new James B: A No, thanks, I've already seen it. You	
	5	5 A Iyou with the dishes. (help) 8 DK. I and you can dry. But pleas: A Don't worry. I arrything! (not bre	e be careful with the glasses. (wash) esk)

Latham-Koenig, C.; Oxenden, C. American English File 3 – Workbook. 2nd edition. New York: Oxford University Press, 2014.

2	© each other Rewrite the sentences with each other. 1 My brother's shouting at my sister and she's shouting at him. My brother and sisterare shouting at cosh other		Match the comments with the personality adjectives in the box. aggressive ambitious independent jealous reliable self-confident selfish sensible spoiled stubborn
	Rob doesn't know Alex and Alex doesn't know Rob. Rob and Alex T'm not speaking to my sister and she isn't speaking to me.		1 "When I want something, my parents always give it to me." _spoiled
	My sister and 1 4 I don't understand you and you don't understand me, We		2 "I don't like my boyfriend talking to other women."
	5 The coach respects the players and they respect him. The coach and the players		3 "I'm always there when my friends need my help."
3 a	PRONUNCIATION sentence stress (Listen and complete the sentences.		4 "Those are my pens and you can't borrow them."
	1 When are you going to book your mention? 2 I'm going to the yet.		5 "I'm going to go to bed early so I can sleep well before my test tomorrow."
	3 I'm going to?		6 "I'll hit you if you do t hat again!"
	5 l'msome 6 l'm my 7will youyour testP		7 "I feel very comfortable when I'm speaki in public."
	8 1get them		8 "I'd like to be the manager of a big multinational company."
	VOCABULARY family, adjectives of personality		9 "That's what I think and Γm not going to change my mind."
a	Complete the sentences with a family word. 1 Your mother and father are your parents		10 "I'd prefer to do this on my own, thanks."
	Your grandfather's father is your grgr A child who has no brothers or sisters is an on	c	Write the opposite adjectives. Use a negative prefix if necessary.
	Your brother's daughter is your n Your father's sister is your a Your spouse, children, parents, and brothers and sisters are your im Your father's new wife is your s Your wife's or busband's father is your Your aunts, uncles and cousins are your ex Your brother's or sister's son is your n		1 generous chesp 2 kind 3 lazy 4 mature 5 organized 6 sensitive 7 talkative 8 clean

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5 READING

a Read the article once. Why do the Bedouins prefer to live together in a big family group?



Traditional Bedouin families live in large tents about half the size of a basketball court. The tents are divided into two sections: the first is for receiving guests in true Bedouin style – they have the reputation of being the world's most generous hosts. Visitors are always served a big meal as soon as they arrive. The second part of the tent is the family's shared kitchen, living room, dining room, and bedroom. They don't have tables and chairs, as the whole family sits on the floor to eat. And instead of beds, everybody sleeps on mattresses, which are piled into a corner of the room during the day.

Several generations usually share the tent. The head of the family is the mother, and she is the one who gives the orders. Her husband and her children live with her, even when the children are married and have their own children. The sons and sons-in-law look after the animals, while the daughters and daughters-in-law clean the tent, cook the meals, and take care of the younger grandchildren. The older ones are left to run around outside. There may often be as many as 30 people under the same roof.

The few young people who have left the family to live in the city visit their mothers nearly every day. It can be quite a surprise to see a shiny new Mercedes pull up outside one of the tents and watch a well-dressed man get out to greet his relatives.

Bedouin people do not like to be separated from their families and there is a very good reason why. If they are poor, sick, old, or unemployed, it is the family that supports them. Elderly people are never left alone, and problems are always shared. Children who work in the city are often responsible for their families financially. In this way, bedouin families aren't just close; they are a lifetine.

- b Read the article again. Choose the correct answers according to the information given.
 - In the past, most families in Southern Europe and the Middle East were...
 - a smaller. (b) closer. c richer.
 - 2 There isn't much ... in a Bedouin tent.
 - a furniture h light e space
 - 3 Bedouin ... spend most of the day inside.
 - a men b women c children
 - 4 Young Bedouins who live in the city...
 - a hardly ever go home.
 - b don't earn much money.
 - c don't lose touch with their families.
 - 5 Members of a Bedouin family help each other to...
 - a survive. b getajob: c choose clothes.
- Look at the highlighted words and phrases. What do you think they mean? Use your dictionary to look up their meaning and pronunciation.

6 LISTENING

- a 65674327 Listen to a couple, Terry and Jane, talking about going to live with the in-laws. What do they decide at the end of the conversation?
- b Listen again and mark the sentences T (true) or F (false).
 - Terry and Jane are both very tired.
 - 2 Terry is more optimistic about the future than Jane.
 - Terry's parents have suggested the family move in with them.
 - 4 Terry says that if they all lived together, his parents would babysit.
 - 5 Jane thinks that the new plan would mean less housework for her.
 - Jane worries that the grandparents would spoil the children.
- c Listen again with the audioscript on p. 69.

USEFUL WORDS AND PHRASES

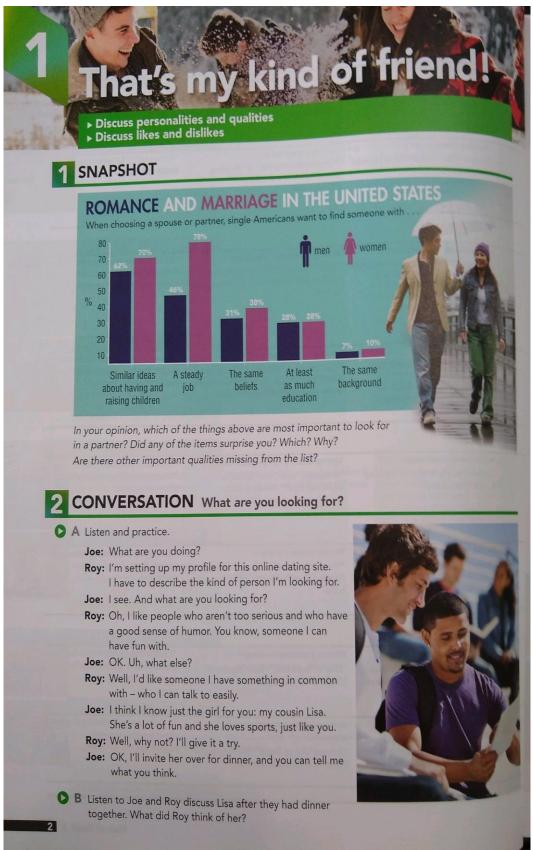
Learn these words and phrases.

boarding school sick /sik/
/bordin skiil/ value /vzdyn/
childhood /'tjuldhod/ fight /fart/
gang /gun/ aware of /s/war ox/
gathering /guðarn/ no wonder /moo 'wondao
rivalry /'rasvalri/

GERRED (ISSE) FILE 1

9

Latham-Koenig, C.; Oxenden, C. *American English File 3* – Workbook. 2nd edition. New York: Oxford University Press, 2014.



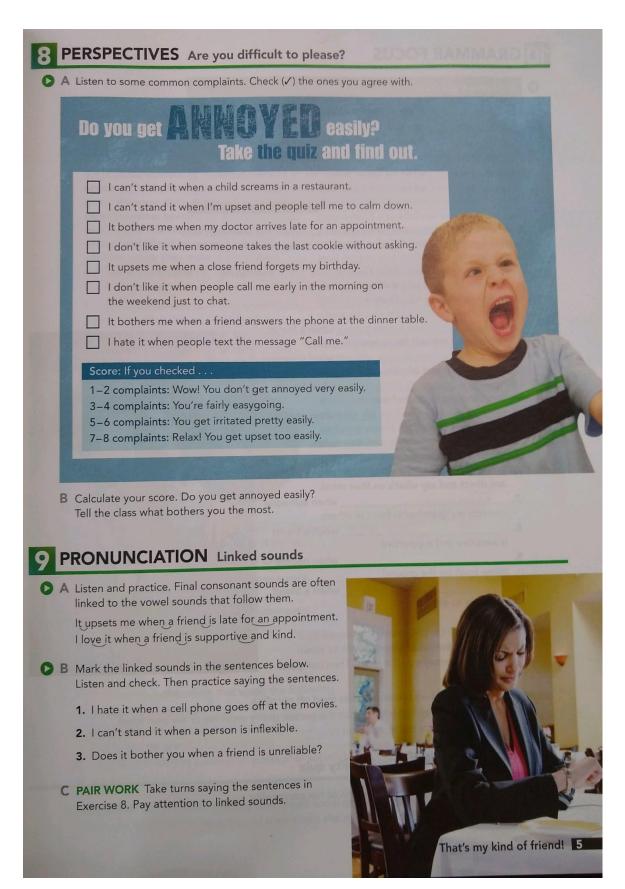
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Relative pronouns	The same	
As the subject of a clause	As the o	bject of a clause
I like people who/that aren't too serio		meone (who/that) I can have fun with.
I like people who/that have a good se		meone (who/that) I can talk to easily.
		GRAMMAR PLUS see page 127
Match the information is all	A J.D. Th	
Match the information in columns	A and B. Then compare	
A		В
1. I don't like to work with peopl		a. help me understand things easily.
2. I have some good, old friends		b. is messy.
3. I discuss my problems with pe		c. are too competitive.
 I don't want to have a roomma I'd like to have a boss who/that 		d. I can respect as a leader. e. I met in middle school.
6. I enjoy teachers who/that		f. I have a lot in common with.
7. I'm looking for a partner who/	that	g. can give me good advice.
7. Thi looking for a partiler who,	ulat	g. can give the good advice.
Put a line through who/that in pa	rt A if it's optional. Then	compare with a partner.
Do you and your partner have sin A: I don't like to work with peopl B: Neither do I. I like to work with	nilar opinions? e who are too competiti h people who are friend	ive.
A: I don't like to work with people: Neither do I. I like to work with MORD POWER Personal Match the words with the definition	nilar opinions? e who are too competit h people who are friend ality traits ons. Then decide wheth	ive. ly and helpful. er the words
Do you and your partner have sin A: I don't like to work with peopl B: Neither do I. I like to work with	nilar opinions? e who are too competition h people who are friend ality traits ons. Then decide wheth lrite P or N after each w	er the words
Do you and your partner have sin A: I don't like to work with peopl B: Neither do I. I like to work with WORD POWER Persona Match the words with the definition are positive (P) or negative (N). V	nilar opinions? e who are too competition h people who are friend ality traits ons. Then decide wheth lite P or N after each was a person who do	er the words ord. esn't change easily and is stubborn
Do you and your partner have sin A: I don't like to work with peopl B: Neither do I. I like to work with WORD POWER Persona Match the words with the definiti	nilar opinions? e who are too competition in people who are friend ality traits ons. Then decide whether in the P or N after each who have a person who do b. someone who do	er the words ford. esn't change easily and is stubborn esn't like giving or spending money
Do you and your partner have sin A: I don't like to work with people B: Neither do I. I like to work with WORD POWER Person A Match the words with the definition are positive (P) or negative (N). V h 1. easygoing P	e who are too competition he people who are friend ality traits ons. Then decide whether items of the people who are friend ality traits ons. Then decide whether items of the people who does not be someone who have competed to compete the people who have the people who are too competitions.	er the words ford. esn't change easily and is stubborn esn't like giving or spending money as a very high opinion of him- or herself
Do you and your partner have sin A: I don't like to work with peopl B: Neither do I. I like to work with WORD POWER Persona A Match the words with the definition are positive (P) or negative (N). Vor hand 1. easygoing Partners (N). Vor hand 1. easygoing Partners (N). Vor hand 1. easygoing Partners (N). Vor hand (N). Vo	e who are too competition hality traits ons. Then decide wheth drite P or N after each was a person who do c. someone who had someone who is decided to come one who is decided to com	er the words ford. esn't change easily and is stubborn esn't like giving or spending money as a very high opinion of him- or herself helpful and encouraging
Do you and your partner have sin A: I don't like to work with people B: Neither do I. I like to work with WORD POWER Persona A Match the words with the definition are positive (P) or negative (N). Volume h 1. easygoing P 2. egotistical 3. inflexible	e who are too competition hality traits ons. Then decide wheth virite P or N after each was a person who does someone who had someone who is le. a person who does a person who does one one who had someone who does a person who	er the words ford. esn't change easily and is stubborn esn't like giving or spending money s a very high opinion of him- or herself helpful and encouraging esn't do what he or she promised
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A: I don't like to work with people B: Neither do I. I like to work with people B: Neither do I. I like to work with people B: Neither do I. I like to work with the definition of the people with the people with the definition of the people with	nilar opinions? e who are too competition he people who are friend he person who does to someone who had a someone who had a person who does a person who had he a person who does a	er the words ford. esn't change easily and is stubborn esn't like giving or spending money is a very high opinion of him- or herself helpful and encouraging esn't do what he or she promised oys being with other people is unpredictable or irregular moods esn't worry much or get angry easily esn't brag about his or her accomplishments out the adjectives

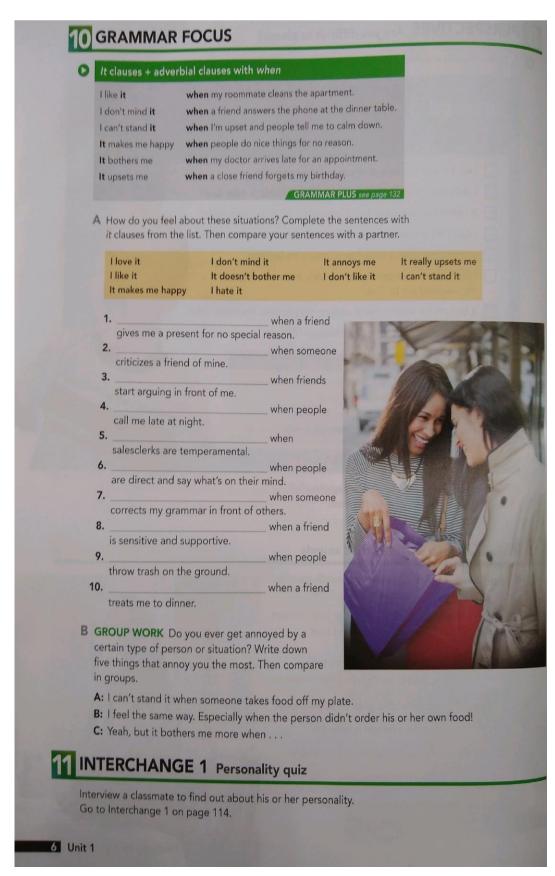
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0	A Listen to converse positive (P) or neg	What's new? ations that describe three peopl gative (N)? Check (✓) the box.	10. 71-	
	1. Emma	DP DN		
	2. Mrs. Leblanc	P N	-	
	3. Pablo	P N		Le chart
4	DISCUSSION	e two adjectives that describe of		
A	What is the ideal fi write one quality e	riend, parent, or partner like? / each ideal person should have,	and one	ype of person under Person under Person under Person is not
	People	This person is		This person is necess.
	The ideal friend		110000000000000000000000000000000000000	
	The ideal parent			
	The ideal partner			
	The ideal			
	to agree on the two A: I think the ideal who is a good li B: I agree. The ide	eal friend is someone who isn't	portive and	
	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure	o most important qualities for I friend is someone who is sup- istener. eal friend is someone who isn't e I agree	portive and	
7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure	o most important qualities for friend is someone who is suplistener. eal friend is someone who isn't a lagree	r each person. portive and t critical	paragraph.
7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure	o most important qualities for friend is someone who is suplistener. cal friend is someone who isn't a l agree	r each person. portive and t critical	paragraph.
7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure (RITING A good Think about a good What is this person How long have you	o most important qualities for friend is someone who is suplistener. cal friend is someone who isn't a lagree cod friend d friend. Answer the questions like?	r each person. portive and t critical	paragraph.
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7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure (RITING A good Think about a good What is this person How long have you How did you meet? How are you similar How are you differe	ro most important qualities for I friend is someone who is supplistener. I friend is someone who isn't all agree cod friend d friend. Answer the questions I like? I known each other? fr? ent?	r each person. portive and t critical	paragraph.
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7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure // RITING A go Think about a good What is this person How long have you How did you meet? How are you similar How are you differe What makes your re-	or most important qualities for a friend is someone who is supplistener. The seal friend is someone who isn't a lagree	r each person. portive and t critical s. Then write a	
7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure (RITING A good Think about a good What is this person How long have you How did you meet? How are you similar How are you differe What makes your re	or most important qualities for a friend is someone who is supplistener. I friend is someone who isn't a lagree cod friend d friend. Answer the questions a known each other? r? ent? elationship special?	r each person. portive and t critical s. Then write a	riously
7 W	to agree on the two A: I think the ideal who is a good li B: I agree. The ide C: Oh, I'm not sure VRITING A good Think about a good What is this person How long have you How did you meet? How are you similar How are you differe What makes your re My friend N He's someone	or most important qualities for a friend is someone who is supplistener. The seal friend is someone who isn't a lagree	r each person. portive and t critical s. Then write a take life too se makes sure ever	riously

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Audio scripts

1 That's my kind of friend! ☑ Conversation (p. 2)

B Listen to Joe and Roy discuss Lisa after they had dinner together. What did Roy think of her?

Joe: So, what did you think of Lisa?

Roy: Well, I was worried at first – especially when I saw that she rode a motorcycle. I thought she might be one of those girls who is into heavy metal music and stuff like that. You know what I mean?

Joe: But she's pretty normal, right?

Roy: Yeah, and she's smart and funny . . . and very pretty, too.

Joe: I knew you'd like her.

Roy: Yeah, I do. She's my kind of girl.

Joe: So are you two going to get together again? Roy: I hope so. I got her number, and I'll text her

tomorrow. Do you think she liked me?

Joe: I think so. She seemed to be having a good time, too. But I guess you're going to have to get in touch with her and find out.

Listening (p. 4)

A Listen to conversations that describe three people. Are the descriptions positive or negative? Check the box.

1. Emma

Rob: So Courtney, how are things with your new roommate? Emma, right?

Courtney: Yeah, Emma. Things are OK.

Rob: That doesn't sound good.

Courtney: Well, I'm a little annoyed.

Rob: What happened?

Courtney: So we take turns cleaning the apartment. It was her turn this week, and she still hasn't done anything. Then today she left for her parents' house for the entire weekend.

Rob: Do you think she forgot?

Courtney: Well, I asked her about it before she left, and she wasn't very nice. She said she didn't need another morn and that she'd do things when she had time. She's not easy to talk to.

Rob: Well, she might do it Sunday night when she gets back. If she doesn't then talk to her.

Courtney: Yeah, I'll wait and see. Thanks, Rob.

2. Mrs. Leblanc

Natalie: Hey Jen. What's new with that internship in Paris? Did your French teacher help you with the application?

Jen: Mrs. Leblanc? Yeah, she was a huge help. She reviewed my French and even gave me some good ideas.

Natalie: That's great! She sounds so helpful.

Jen: She really is. I often tell her that, and she just laughs. She won't take credit for anything.

Natalie: You know, my sister says she's the best teacher she's ever had. She's taking a French class now with another teacher, but she still writes Mrs. Leblanc with questions.

Jen: And Mrs. Leblanc doesn't mind? Natalie: Nope. She says she's happy to help.

Jen: She's so sweet. It's people like her that make me want to be a teacher.

Natalie: Oh, yeah? Would you teach French? Jen: French? Hmm. I'm not so sure. Let's see if I get this internship in Paris first.

3. Pablo

Man 1: Hoy, remember that it's Pablo's birthday next Friday.

Man 2: Oh, that's right! What's the plan?

Man 1: I haven't heard of anything. He's always organizing parties for other people. Let's plan something for him this time.

Man 2: Great Idea! Would be get mad if we invited all his friends?

Man 1: No, he'd love it! And Pablo never gets mad, anyway. Let's do dinner at his favorite Indian restaurant. You know how he loves curry.

Man 2: Perfect. I'll invite his friends, and you can take care of the dinner reservation.

Man 1: OK, but for how many people?

Man 2: He has a lot of friends. Let's say fifteen for now, and I'll let you know if it changes.

Man 1: He's going to love this!

B Listen again. Write two adjectives that describe each person in the chart.

2 Working 9 to 5

Conversation (p. 11)

B Listen to the rest of the conversation. What is Tyler going to do at the resort?

Emma: So, what will you be doing at the beach resort?

Tyler: Nothing that great, actually. I'll be working with the entertainment staff, you know, making sure the guests are having a good time.

Emma: That sounds interesting to me. What exactly will you have to do?

Tyler: Well, during the day, I'll have to organize activities and games for adults and children. And then we have to take part in evening activities, you know, shows, parties...

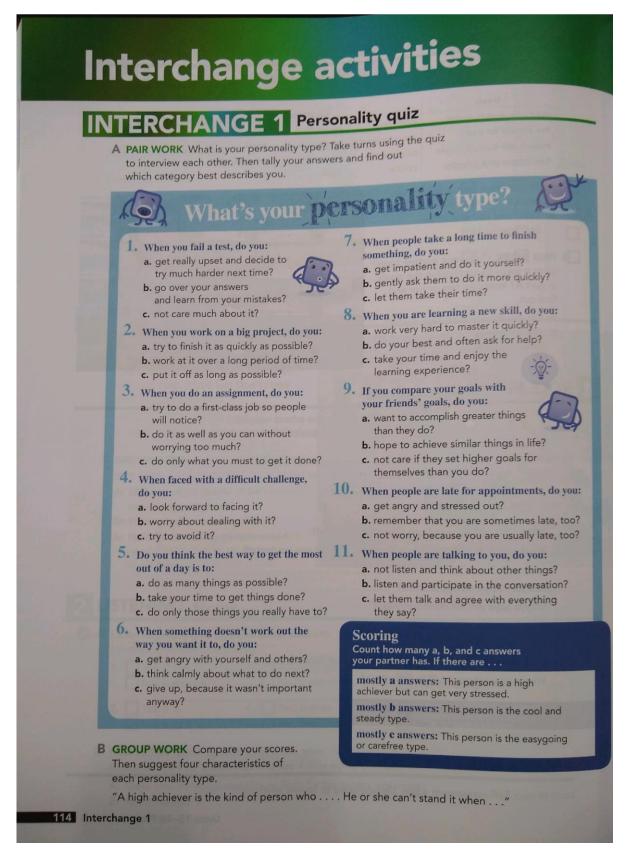
Emma: I see. It sounds like your days will be pretty long. Tyler: For sure. And the job is six days a week. Emma: Wow! You mean you only have one day off?

T-168 Audio scripts

Richards, J. C.; Hull, J.; Proctor, S. *Interchange 3* – Teacher's book. Fifth edition. New York: Cambridge University Press, 2017.

1	Relative pronouns Page 3
	 A relative pronoun – who or that – is necessary when the pronoun is the subject of the clause: I'd love to meet someone who/that is considerate. (NOT: I'd love to meet someone is considerate.) When the pronoun is the object of the clause, who and that can be left out: I'd like a roommate who/that I have a lot in common with. OR I'd like a roommate I have a lot in common with.
	Complete the conversation with who or that. Put an X when a relative pronoun isn't neces
	A: Ana, have you met Clint – the guyX Laurie is going to marry? B: Oh, Clint and I have been friends for years. In fact, I'm the one introduced Laur A: Do you think they're right for each other? B: Definitely. They're two people have a lot in common – but not too much.
	A: What does that mean? B: Well, you don't want a partner doesn't have his or her own interests. Couples _
Eni ins	everything together usually don't last very long.
	A: I guess you're right, but the opposite isn't good, either. My last girlfriend was someon I had nothing in common with. She wasn't the kind of girl I could talk to easily.
00.00	3: Well, you can talk to me easily
	t clauses + adverbial clauses with when Page 6
21	In sentences with an it clause + an adverbial clause with when, the word it refers to and means the same as the adverbial clause with when. The it in these sentences is necessary and cannot be left out: I hate it when people talk on a cell phone in an elevator. (NOT: Hate when people) It bothers me when
2 i	In sentences with an it clause + an adverbial clause with when, the word it refers to and means the same as the adverbial clause with when. The it in these sentences is necessary and cannot be left out: I hate it when people talk on a cell phone in an elevator. (NOT: Hate when people) It bothers me when people talk on a cell phone in an elevator. (NOT: Bothers me when people talk on a cell phone in an elevator. (NOT: Bothers me when people) Rewrite the sentences using the words in parentheses. I can't stand it when people call me before 8:00 A.M. (it really bothers me) It really bothers me when people call me before 8:00 a.m.
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2 i	In sentences with an <i>it</i> clause + an adverbial clause with <i>when</i> , the word <i>it</i> refers to and means the same as the adverbial clause with <i>when</i> . The <i>it</i> in these sentences is necessary and cannot be left out: I hate <i>it</i> when people talk on a cell phone in an elevator. (NOT: Hate when people) It bothers me when people talk on a cell phone in an elevator. (NOT: Bothers me when people talk on a cell phone in an elevator. (NOT: Bothers me when people) Rewrite the sentences using the words in parentheses. I can't stand it when people call me before 8:00 a.m. (it really bothers me) It really bothers me when people call me before 8:00 a.m.
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Richards, J. C.; Hull, J.; Proctor, S. *Interchange 3* – Student book. Fifth edition. New York: Cambridge University Press, 2017.



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Unit 1 Vocabulary Worksheet

PERSONALITIES

Your Vocabulary Log

Make a vocabulary log. Write words or draw pictures to help you remember.

4 2 7 4 2 7	PER	RSONALITIES	44,674,674,674,6
adventurous		outgoing	
aggressive		quiet	
competitive		self-confident	
considerate		sensitive	
creative.		serious	
easygoing		sociable	
egotistical		stingy	
generous		stubborn	
impatient		supportive	
inflexible		temperamental	
kind		unreliable	
modest			(italics = new word)

Practice

A Classify the words in your vocabulary log. Write + for positive words or - for negative words.

B Choose four famous people and complete the chart. Use words from your vocabulary log and your own words.

Famous person	Why famous	Personality
Beyoncé	singer	creative, kind

C GROUP WORK Share your opinions about the people in your chart.

A: I really like Beyoncé.

B: Beyoncé? Why do you like her?

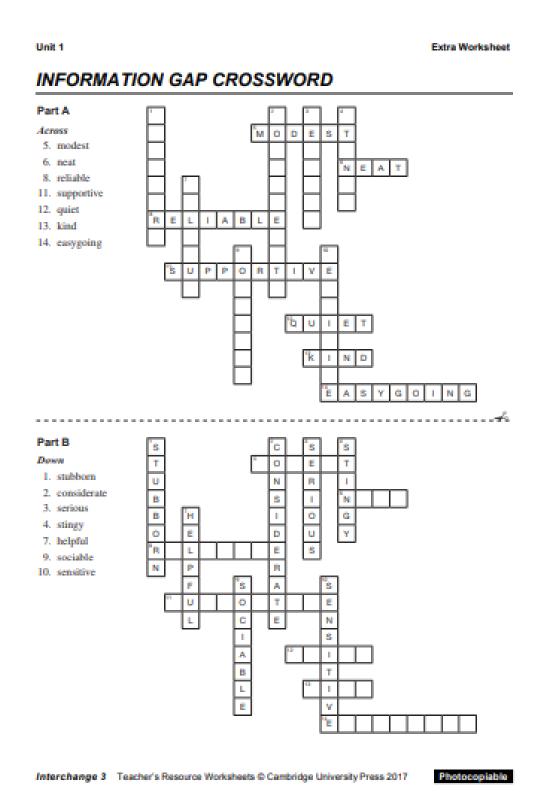
C: I think she's a great singer. She's very creative.

A: And she's very kind, too!

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Available on: Available on: Richards, J. C.; Hull, J.; Proctor, S. *Interchange 3* – Vocabulary Worksheet. https://www.cambridge.org/files/6714/9751/7287/Interchange5thEd_Level3_Unit01_Vocabulary_Worksheet.pdf Accessed on: December 10th, 2018.



Available on: Available on: Richards, J. C.; Hull, J.; Proctor, S. *Interchange 3* – Extra Worksheet. https://www.cambridge.org/files/6814/9751/7270/Interchange5thEd_Level3_Unit01_Extra_Worksheet.pdf Accessed on: December 10th, 2018.

Unit 1 Listening Worksheet

WHO IS YOUR BEST FRIEND?

A PAIR WORK Look at the pictures. Tony is telling a radio host about his best friend, Bob. Where do you think they met? What do you think Bob is like?







B Q Listen to the radio host ask people about their best friends. Complete the chart.

	When they met	How they met	What the friend is like
1.			
2.			

- C Q Listen again. What do the friends do together in their free time? Check (√) the correct answers.
- 1. a. give friends birthday parties
- 2. a. play on a softball team
- ☐ b. see movies

- ☐ b. listen to others talk
- c. tell jokes and make people laugh
- C. go shopping
- d. go downtown with friends
- d. take vacations
- D GROUP WORK Discuss these questions.
- 1. Who is your best friend?
- 2. When did you meet him or her?
- 3. How did you meet?
- 4. What is he or she like?
- 5. What do you do together in your free time?

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Unit 1 Writing Worksheet

EMAIL ASKING FOR ADVICE

Before You Write

To: pam@free Subject: Advice	
Hi Pam,	
You met him	ask you about something personal. Remember John, my high school friend? In at my birthday party. John and I have always gotten along well, but he's of recently. I'm not sure what to do.
but calling e I don't like it	th, he's been calling me practically every day. I like friends who are thoughtful, wery day is too much! Also, he only calls to gossip about our friends. You know when people talk about others behind their backs. I always try to change the he keeps calling with gossip!
	to hurt John's feelings, but I need this to stop. Should I tell him how I feel? the'll be upset? What would you do? Please let me know!
Your friend, Carol	
B Complete the	sentences with the number of the correct paragraph.
a. Paragraph	describes the problem.
b. Paragraph	explains the purpose of the email.
c. Paragraph	requests advice.

Your First Draft

A Think of someone whose behavior bothers you. Answer these questions.

- 1. Who is this person? 4. How have you responded?
- 2. What is it that bothers you? 5. Has the situation changed? If so, how?
- 3. Why does it bother you?
- B Write an email to a friend asking for advice. Write one paragraph explaining your purpose, one describing the problem, and one requesting advice. Use your notes and Carol's email as a model.
- C PAIR WORK Read your partner's email. Write answers to these questions.
- 1. is the explanation of the purpose clear?
- 2. is the description of the problem clear?
- 3. Can you suggest any improvements to the content or grammar?

Your Second Draft

Use your partner's answers to revise your email.

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